

# WISDOM UNPLUGGED



Namaste,

As a new year begins, many of us start thinking about 'what next?'. We ask ourselves what needs to improve, what needs to change, and what needs to be let go of.

Before making plans or setting goals, there is a quieter question worth sitting with - Who do I want to be?

Clarity of vision is not about planning the future in detail. It is about understanding ourselves a little better. When we are clear inside, our choices naturally start to feel simpler and more aligned.

This month, let us explore what it means to live with clarity, not as pressure, but as honesty with ourselves.

## ★Echoes of Truth

### Who Do I Want To Be?

Tap to Listen

## Reflection Frames



Move Forward  
With Clarity

View Full  
Carousel

Use this reflection when you feel the urge to rush or compare. Let it return you to stillness.

## Insight Corner

What does clarity of vision really mean?

A vision is your North Star. It is your compass for understanding what feels right, instead of following expectations or pressure from outside. When you are clear within, your actions naturally align.

## Affirmations

1. I choose clarity over confusion.
2. I listen to what feels right for me.
3. I move forward with honesty and ease.

✧ When you see yourself clearly, life becomes simpler. You do not need to rush. Clarity will guide your steps.

With love & light,

**Ashu Khanna**  
Reimagine possibilities

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